Form 144 Filer Information

FORM 144

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information		
Filer CIK	0001666918	
Filer CCC	XXXXXXXX	
Is this a LIVE or TEST Filing?	● LIVE ◎ TEST	
Submission Contact Information		
Name		
Phone		
E-Mail Address		
144: Issuer Information		
Name of Issuer	Norwegian Cruise Line Holdings Ltd	
SEC File Number	001-35784	
Address of Issuer	7665 Corporate Center Drive Miami FLORIDA 33126	
Phone	3054682084	
Name of Person for Whose Account the Securities are To Be Sold	Harry J. Sommer	
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.		
Relationship to Issuer	Officer	
144: Securities Information		
Title of the Class of Securities To Be Sold	common	
Name and Address of the Broker	UBS Financial Services Inc 1000 Harbor Blvd 3rd Floor Weehawken NJ 07086	
Number of Shares or Other Units To Be Sold	100000	
Aggregate Market Value	2466462.59	
Number of Shares or Other Units Outstanding	439691329	
Approximate Date of Sale	11/04/2024	
Name the Securities Eychange	NYSE	

any part of the purchase price or other consideration therefor:

C

Title of the Class	common
Date you Acquired	03/01/2019
Nature of Acquisition Transaction	restricted stock release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	9614
Date of Payment	03/01/2019
Nature of Payment	n/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	common
Date you Acquired	06/30/2019
Nature of Acquisition Transaction	ESPP release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
is tills a Gift!	Date Donor Acquired
Amount of Securities Acquired	386
Date of Payment	06/30/2019
Nature of Payment	n/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	common
Date you Acquired	12/31/2019
Nature of Acquisition Transaction	ESPP release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	163
Date of Payment	12/31/2019
Nature of Payment	n/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a

note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sol	d
Title of the Class	common
Date you Acquired	03/01/2020
Nature of Acquisition Transaction	restricted stock release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	19549
Date of Payment	03/01/2020
Nature of Payment	n/a
note thereto the nature of the consideration of	ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was nent and state when the note or other obligation was discharged in full or the last
Title of the Class	common
Date you Acquired	06/30/2020
Nature of Acquisition Transaction	ESPP release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	424
Date of Payment	06/30/2020
Nature of Payment	n/a
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.	
144: Securities To Be Sol	d
Title of the Class	common
Date you Acquired	03/01/2021
Nature of Acquisition Transaction	restricted stock release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	18607

03/01/2021

Date of Payment

Nature of Payment	n/a
note thereto the nature of the consideration	ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was ment and state when the note or other obligation was discharged in full or the last
144: Securities To Be So	ld
Title of the Class	common
Date you Acquired	03/01/2021
Nature of Acquisition Transaction	performance stock release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	14272
Date of Payment	03/01/2021
Nature of Payment	n/a
made in installments describe the arranger	given. If the consideration consisted of any note or other obligation, or if payment was ment and state when the note or other obligation was discharged in full or the last
144: Securities To Be So	ld
	common
144: Securities To Be So	
144: Securities To Be Sol	common
144: Securities To Be Sol Title of the Class Date you Acquired	common
144: Securities To Be Sol Title of the Class Date you Acquired Nature of Acquisition Transaction	common 06/30/2021 ESPP release
144: Securities To Be Sol Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired	common 06/30/2021 ESPP release issuer
144: Securities To Be Sol Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift?	common 06/30/2021 ESPP release issuer Date Donor Acquired
144: Securities To Be Solutile of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Amount of Securities Acquired	common 06/30/2021 ESPP release issuer Date Donor Acquired 531
144: Securities To Be Sol Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Amount of Securities Acquired Date of Payment Nature of Payment If the securities were purchased and full pay note thereto the nature of the consideration made in installments describe the arranger	common 06/30/2021 ESPP release issuer Date Donor Acquired 531 06/30/2021
144: Securities To Be Sol Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Amount of Securities Acquired Date of Payment Nature of Payment If the securities were purchased and full pay note thereto the nature of the consideration made in installments describe the arranger	common 06/30/2021 ESPP release issuer Date Donor Acquired 531 06/30/2021 n/a ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was ment and state when the note or other obligation was discharged in full or the last
144: Securities To Be Solutile of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Amount of Securities Acquired Date of Payment Nature of Payment If the securities were purchased and full pay note thereto the nature of the consideration made in installments describe the arranger installment paid.	common 06/30/2021 ESPP release issuer Date Donor Acquired 531 06/30/2021 n/a ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was ment and state when the note or other obligation was discharged in full or the last
144: Securities To Be Solution Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Amount of Securities Acquired Date of Payment Nature of Payment If the securities were purchased and full pay note thereto the nature of the consideration made in installments describe the arranger installment paid.	common 06/30/2021 ESPP release issuer Date Donor Acquired 531 06/30/2021 n/a ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was ment and state when the note or other obligation was discharged in full or the last
Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Amount of Securities Acquired Date of Payment Nature of Payment If the securities were purchased and full pay note thereto the nature of the consideration made in installments describe the arranger installment paid. 144: Securities To Be Solutile of the Class	common 06/30/2021 ESPP release issuer Date Donor Acquired 531 06/30/2021 n/a ment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was ment and state when the note or other obligation was discharged in full or the last Id common

Date Donor Acquired

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Is this a Gift?

Amount of Securities Acquired

Date of Payment	12/31/2021
Nature of Payment	n/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold	
Title of the Class	common
Date you Acquired	03/01/2022
Nature of Acquisition Transaction	restricted stock release
Name of Person from Whom Acquired	issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	22179
Date of Payment	03/01/2022

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

n/a

Title of the Class | commonnnn | Date you Acquired | 03/01/2022 | Nature of Acquisition Transaction | performance stock release |

Is this a Gift? Date Donor Acquired

Amount of Securities Acquired 8200

Date of Payment 03/01/2022

Nature of Payment n/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

144: Securities To Be Sold

Name of Person from Whom Acquired

Nature of Payment

Title of the Class

Date you Acquired

Nature of Acquisition Transaction

Name of Person from Whom Acquired

Is this a Gift?

Common

D7/27/2022

performance stock release

issuer

Amount of Securities Acquired	5686
Date of Payment	07/27/2022
Nature of Payment	n/a

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Harry J. Sommer 7665 Corporate Center Drive Miami FL 33216
Title of Securities Sold	common
Date of Sale	08/27/2024
Amount of Securities Sold	25000
Gross Proceeds	452356

144: Remarks and Signature

Remarks	
Date of Notice	11/04/2024

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ UBS Financial Services Inc, as attorney-in-fact for Harry J. Sommer

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)